

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1:30 PM ADULT TKD		1:30 PM ADULT TKD		9:30am Adult TKD & Kickboxing ----- 9:30-10:15am WHITE
4-4:30pm Little Ninjas - ----- 4-4:45pm White & Yellow	4pm-4:45pm White & Yellow ----- Green & Blue	4-4:30pm Little Ninjas - ----- 4-4:45pm White & Yellow	4pm-4:45pm White & Yellow ----- Green & Blue	4-4:30pm Little Ninjas ----- 4-4:45pm White	10:15-11a YELLOW ----- 10:30a-11:30 RED & BLACK
4:45-5:45 Green & Blue ----- Brown & Red	4:45-5:30pm White & Yellow ----- Kids BJJ	4:45-5:45 Green & Blue ----- Brown & Red	4:45-5:30pm White & Yellow ----- Kids BJJ	4:30-5:15pm Yellow ----- ----- 4:45 Green & Up Forms	11am-12p GREEN-BROWN ----- 11AM BJJ
5:45-6:30 White & Yellow ----- 5:45-6:45 Black	5:30-6:30 Green through Brown ----- Red-Black	5:45-6:30 White & Yellow ----- 5:45-6:45 Black	5:30-6:30 Green through Brown ----- Red- Black	5:15-6pm All Ranks Sparring	
6:30-7:30 Kickboxing	6:30 Beginner BJJ ----- 6:30-7:30 Impact Leadership	6:30-7:30 Kickboxing	6:30-7:30 NoGi BJJ ---- -----	5:15pm Adult Open Mat (resumes in the fall)	
7pm Adult TKD ----- 7:30 Adult BJJ	7:30 Adult TKD ----- 7:30 Kickboxing	7pm Adult TKD ----- 7:30 Adult BJJ	7:30 Adult TKD ----- 7:30 Kickboxing		